




June 2013

MENU ITEMS	MONDAY 6/3	TUESDAY 6/4	WEDNESDAY 6/5	THURSDAY 6/6	FRIDAY 6/7
APPETIZER	Mushroom Barley Soup Orange Juice	Butternut Squash Soup	Vegetable Soup	Lima Bean Soup Pineapple Juice	Chicken Soup w Noodles Blended Juice
MAIN DISH	Cheese Blintzes	Salmon	Chicken with Tangy Orange Sauce	Swedish Meatballs	Southern Baked Chicken
SIDE DISH 1	Egg Salad	Baked Potatoes in Skin Au Gratin	Baked Barley w/ Mushroom & Carrots	Spaghetti	Noodle Pudding
SIDE DISH 2	Peas & Carrots	Broccoli	Italian Green Beans	California Blend Vegetables	Sliced Carrots
BREAD	Whole Wheat	Whole Wheat	Whole Wheat	Whole Wheat	Challah
MARGARINE	X	X	X	X	X
DESSERT	Pineapple Tidbits	Fresh Apple	Apricot Halves	Applesauce	Diced Peaches
MILK	with meal	with meal	on way out	on way out	on way out

MENU ITEMS	MONDAY 6/10	TUESDAY 6/11	WEDNESDAY 6/12	THURSDAY 6/13	FRIDAY 6/14
APPETIZER	Minestrone Soup	Mushroom Barley Soup Apple Juice	Vegetable Soup	Red Lentil Soup Orange Juice	Consomme Apple Juice
MAIN DISH	Salmon with Lemon Sauce	Eggplant Parmagiana	Pepper Steak	Salisbury Steak w/ mushroom sauce	Chicken
SIDE DISH 1	Broccoli	Cauliflower	Rice Pilaf	Mashed Potatoes	Sliced Carrots
SIDE DISH 2	Potatoes Au Gratin In Skin	Spaghetti	Green Beans Carrot Salad	California Blend Vegetables	Couscous
BREAD	Whole Wheat	Whole Wheat	Whole Wheat	Whole Wheat	Challah
MARGARINE	X	X	X	X	X
DESSERT	California Fruit Salad	Pineapple Tidbits	Orange	Unsweetened Applesauce	Diced Peaches
MILK	with meal	with meal	on way out	on way out	on way out



June 2013

MENU ITEMS	MONDAY 6/17	TUESDAY 6/18	WEDNESDAY 6/19	THURSDAY 6/20	FRIDAY 6/21
APPETIZER	Split Pea Soup Orange Juice	Tomato Soup	Lima Bean Soup	Mushroom Barley Soup	Chicken Soup w Noodles Orange Juice
MAIN DISH	Ziti Primavera	Breaded Pollock	Chicken Lo Mein	Shepherd's Pie	Baked Chicken
SIDE DISH 1	Broccoli Carrots	Tossed Salad	Broccoli Cuts	Mixed Vegetables Mashed Potatoes	Succotash
SIDE DISH 2	Tossed Salad	Roast Potatoes	Lo Mein Vegetables	Sliced Carrots	Egg Barley
BREAD	Whole Wheat	Whole Wheat	Whole Wheat	Whole Wheat	Challah
MARGARINE	X	X	X	X	X
DESSERT	Vanilla Pudding	Cantaloupe Cubes	Birthday Cake 	Fresh Orange	Apricot Halves
MILK	with meal	with meal	on way out	on way out	on way out

MENU ITEMS	MONDAY 6/24	TUESDAY 6/25	WEDNESDAY 6/26	THURSDAY 6/27	FRIDAY 6/28
APPETIZER	Vegetable Soup	Lima Bean Soup Orange Juice	Split Pea Soup Pineapple Juice	Vegetable Soup	Chicken Soup w/ Noodles
MAIN DISH	Hamburgers with Onions	Baked Fish Loaf w/ Horseradish	Chicken in Mushroom Sauce	Meat Stuffed Pepper w/ Veg.	Roast Chicken w/ Gravy
SIDE DISH 1	Cauliflower	Mixed Vegetables	Brown Rice	Egg Barley	Chopped Spinach
SIDE DISH 2	Home Fries	Beet Salad	Steamed Broccoli	Sliced Carrots	Carrot Tzimmes
BREAD	Hamburger Buns	Whole Wheat	Whole Wheat	Whole Wheat	Challah
MARGARINE	X 	X	X	X	X
DESSERT	Apple Pie	Chocolate Pudding	Unsweetened Applesauce	Pineapple Chunks	Mandarins
MILK	with meal	with meal	on way out	on way out	on way out